



Wanna dance? Try Musta Dance!

Musta Dance, the latest addition to Coonabarabran's vibrant community scene, is proving to be more than just a dance class – it's a welcoming space for all ages and abilities to come together, move and groove.

Offering a diverse range of classes catering to various mobility levels and music preferences, Musta Dance ensures there's something for everyone.

"With the first half hour of both sessions dedicated to newcomers, you are welcome to start at any time," said Tania Himing, the class instructor.

The inaugural week of classes witnessed an outpouring of joy, laughter, and a palpable sense of achievement among participants.

"In our first week there was lots of laughter and a great sense of achievement by those attending," Ms Himing said.

"There was a lot of positive energy radiating from the dance floor."

Beyond just a physical workout, Musta Dance emphasises the importance of community engagement and support for local organisations.

Spectators are encouraged to attend and free demonstrations will be available starting August, offering a sneak peek into the vibrant world of dance.

To cater to the community's diverse needs, Musta Dance is also rolling out special programs during school

holidays, including fun-filled class-shops and extra vintage class-shops.

These sessions promise entertainment for all ages, fostering a sense of camaraderie and fun.

Conveniently located at the CWA Hall in Cassilis Street, Musta Dance offers discounts for out-of-town visitors, pensioners and youngsters, ensuring accessibility for everyone.

The weekly schedule features morning and night sessions, with tailored classes to suit different preferences and lifestyles.

"Our aim is to make dancing accessible and enjoyable for everyone, regardless of age or experience level," said Ms Himing.

"Whether you're looking to destress, improve balance and coordination, or simply have a good time, there's a place for you at Musta Dance."

For those eager to hit the dance floor, Musta Dance's website provides comprehensive details on class schedules, discounts, and more.

Visit www.mustadance.au to join the dance revolution sweeping through Coonabarabran and beyond.



Tania Himing has recently launched Musta Dance in Coonabarabran.



**Feel, Enjoy, Laugh
Modern, Challenges**

TUESDAY

Country, 50s-70s radio hits

Gentle: 9.30am - 10.30am
(Newcomers, Beginners, Improvers)

Move: 10.30am - 12.30pm
(Beginners, Improvers, Easy Intermediate)

THURSDAY

Radio hits - 80s to now

Radio: 6.30pm - 8.00pm
(Newcomers, beginners, improvers)

Radio: 8.00pm - 9.30pm
(Easy Intermediate, Intermediate)

CWA HALL COONABARABRAN

0439 480 641
www.mustadance.au